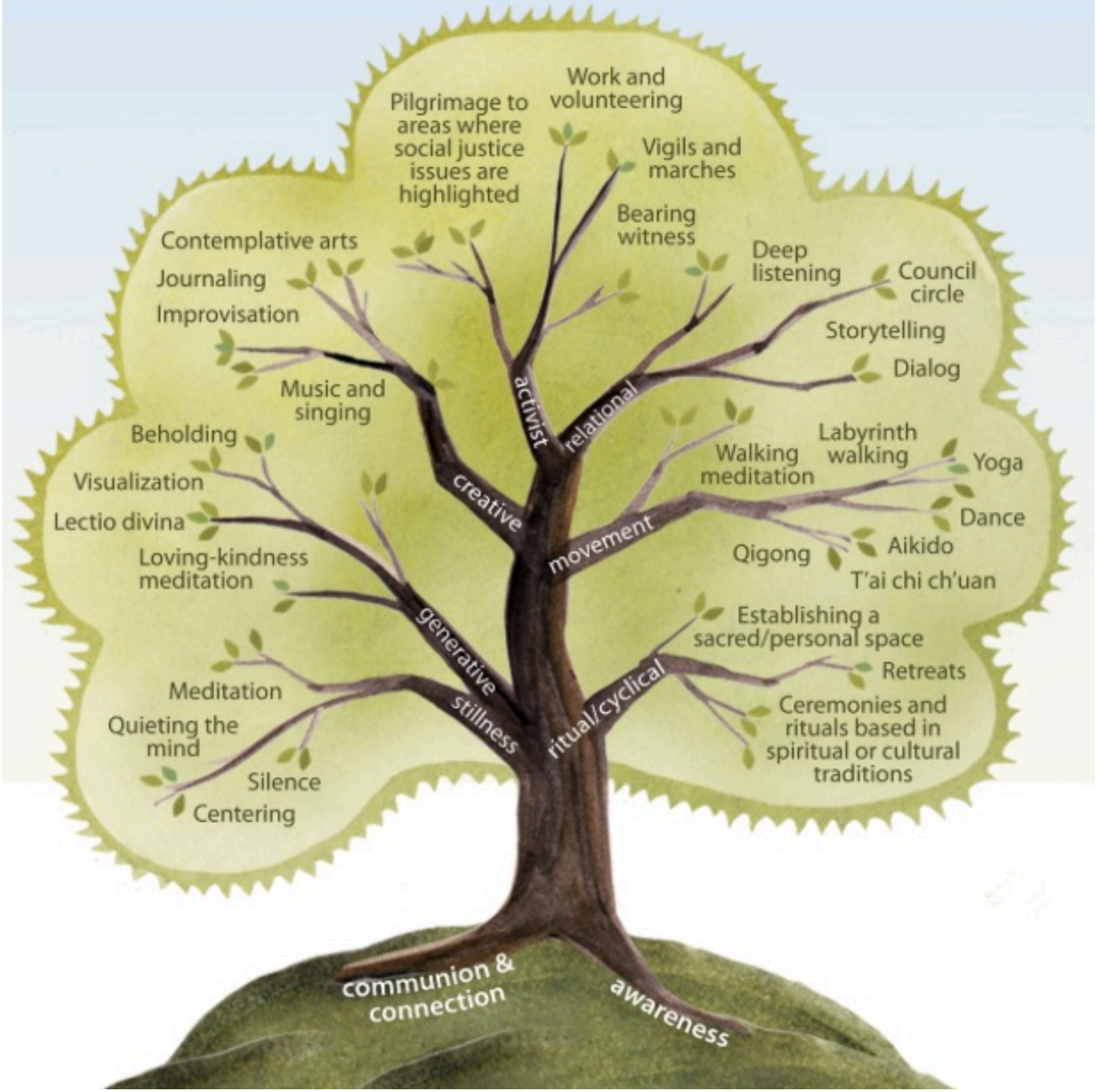The Tree of Contemplative Practices