

*Ordinary Life*

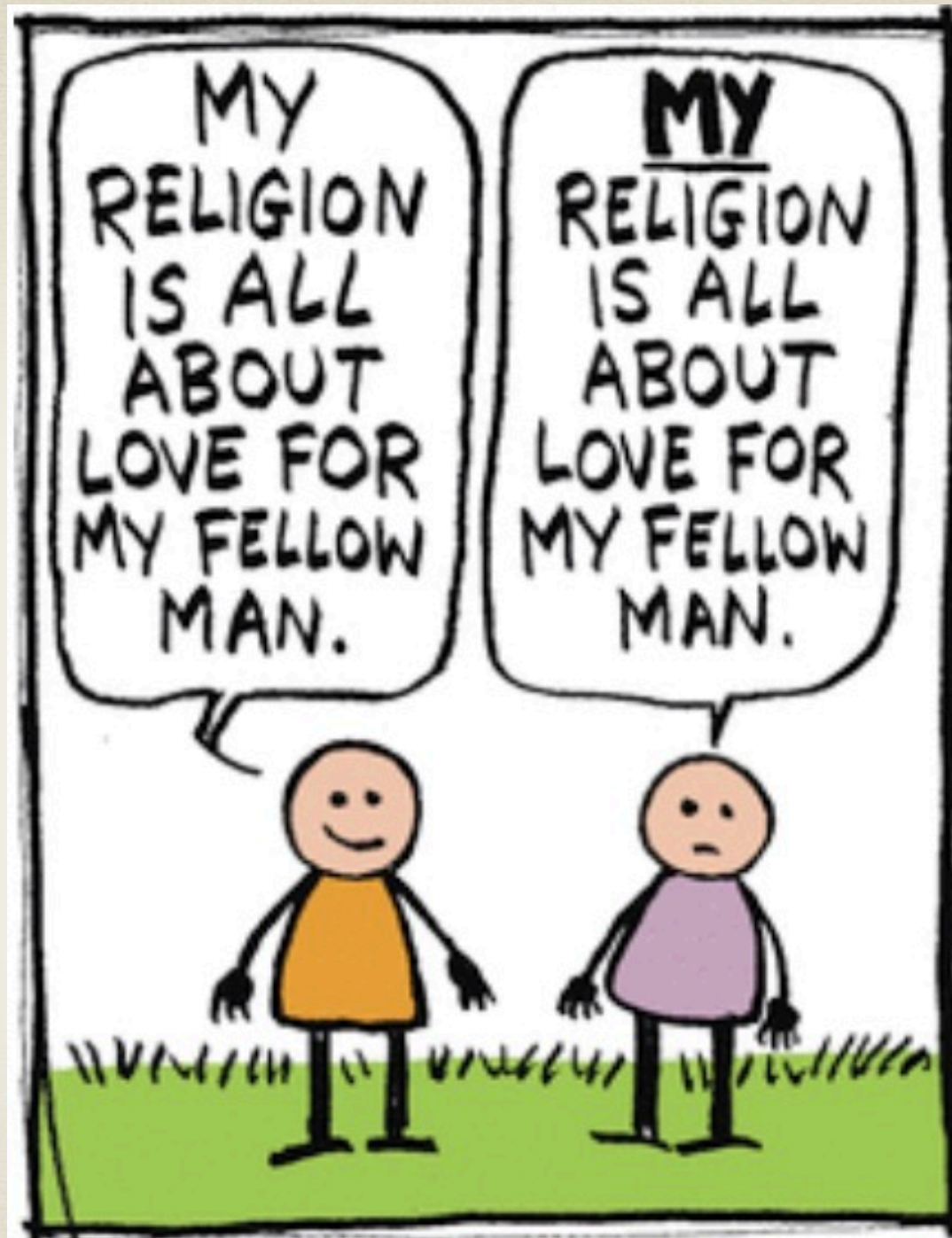
No matter who you are, no  
matter where you are on your  
spiritual journey, you are  
welcome here.

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Religion has always served  
two important functions -

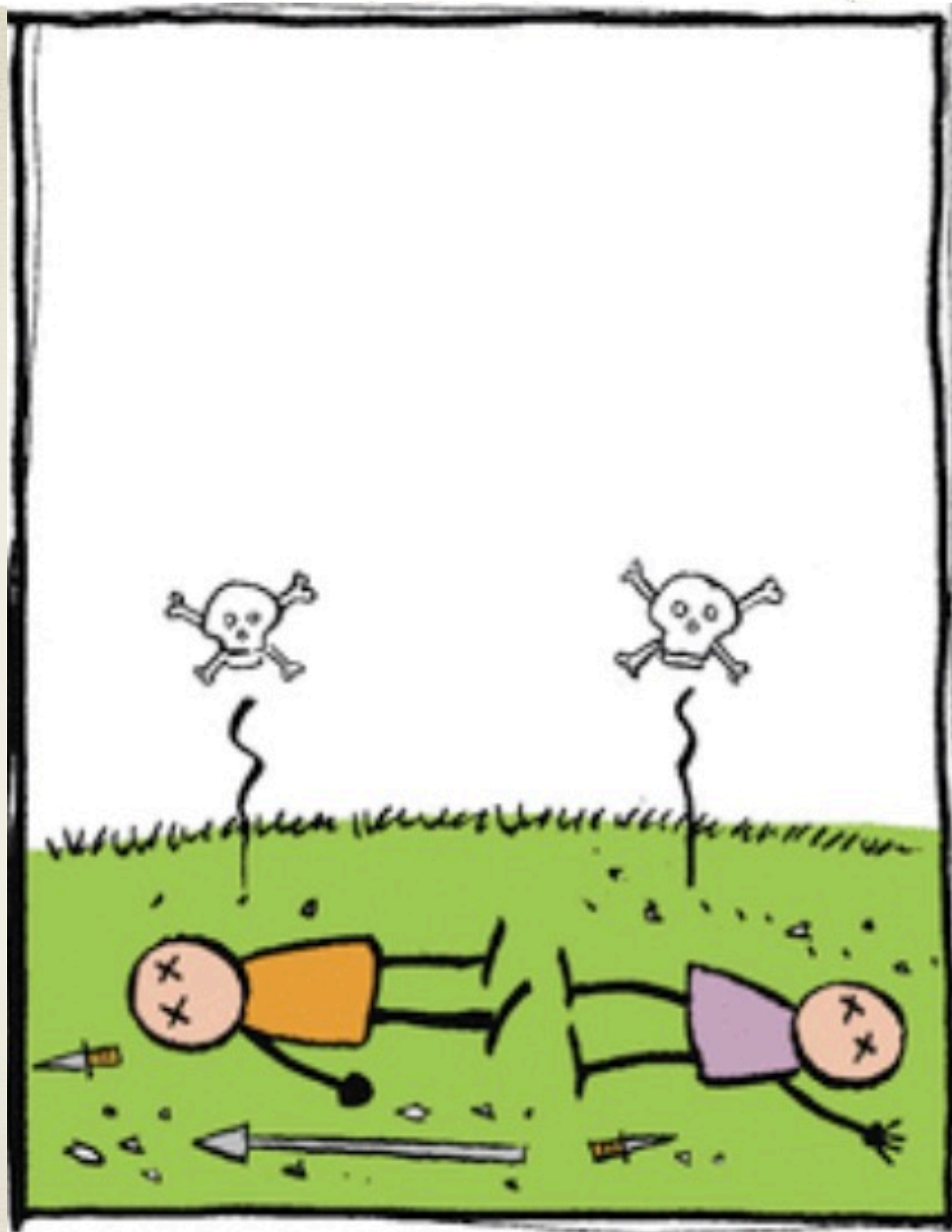
it creates meaning for the ego



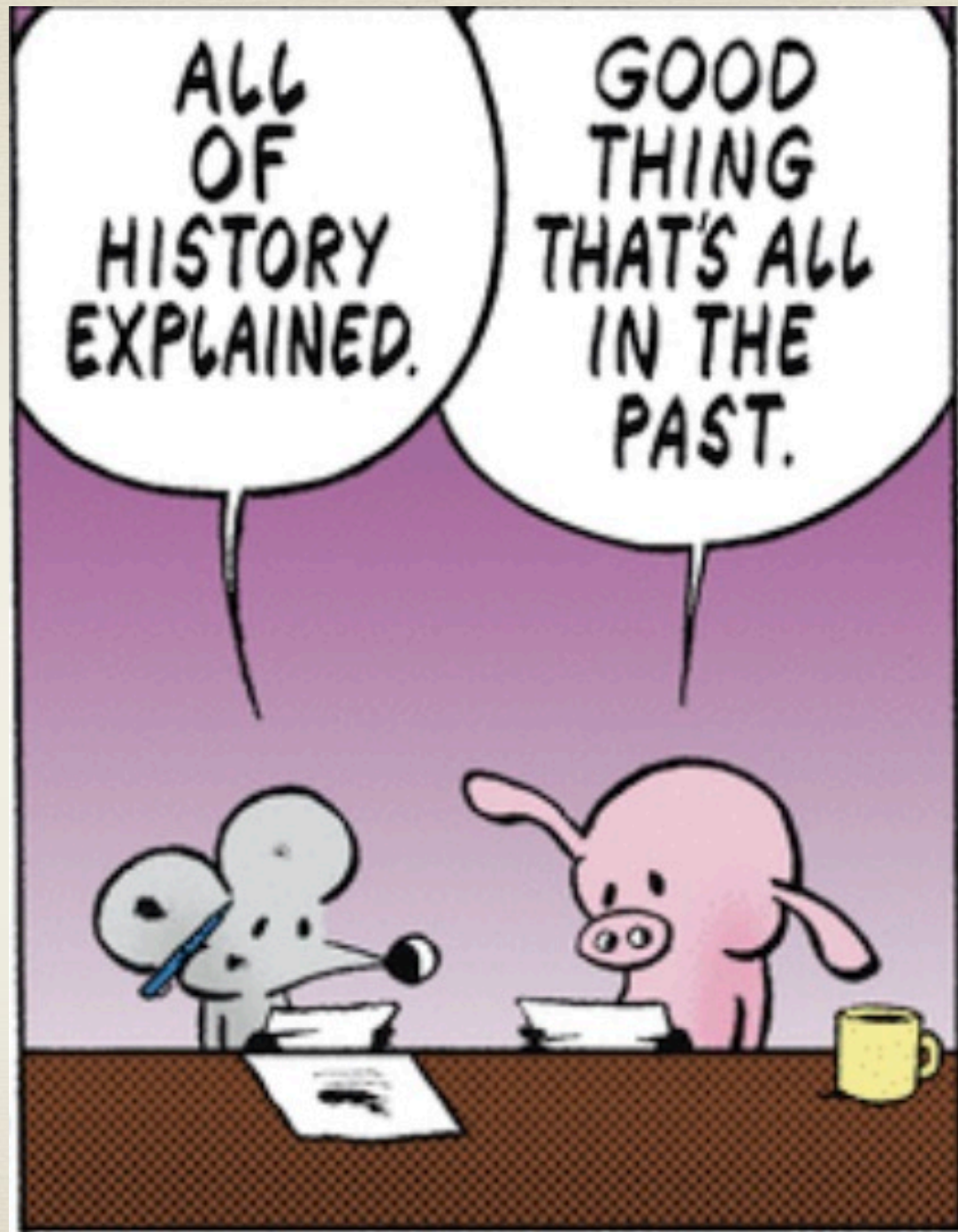








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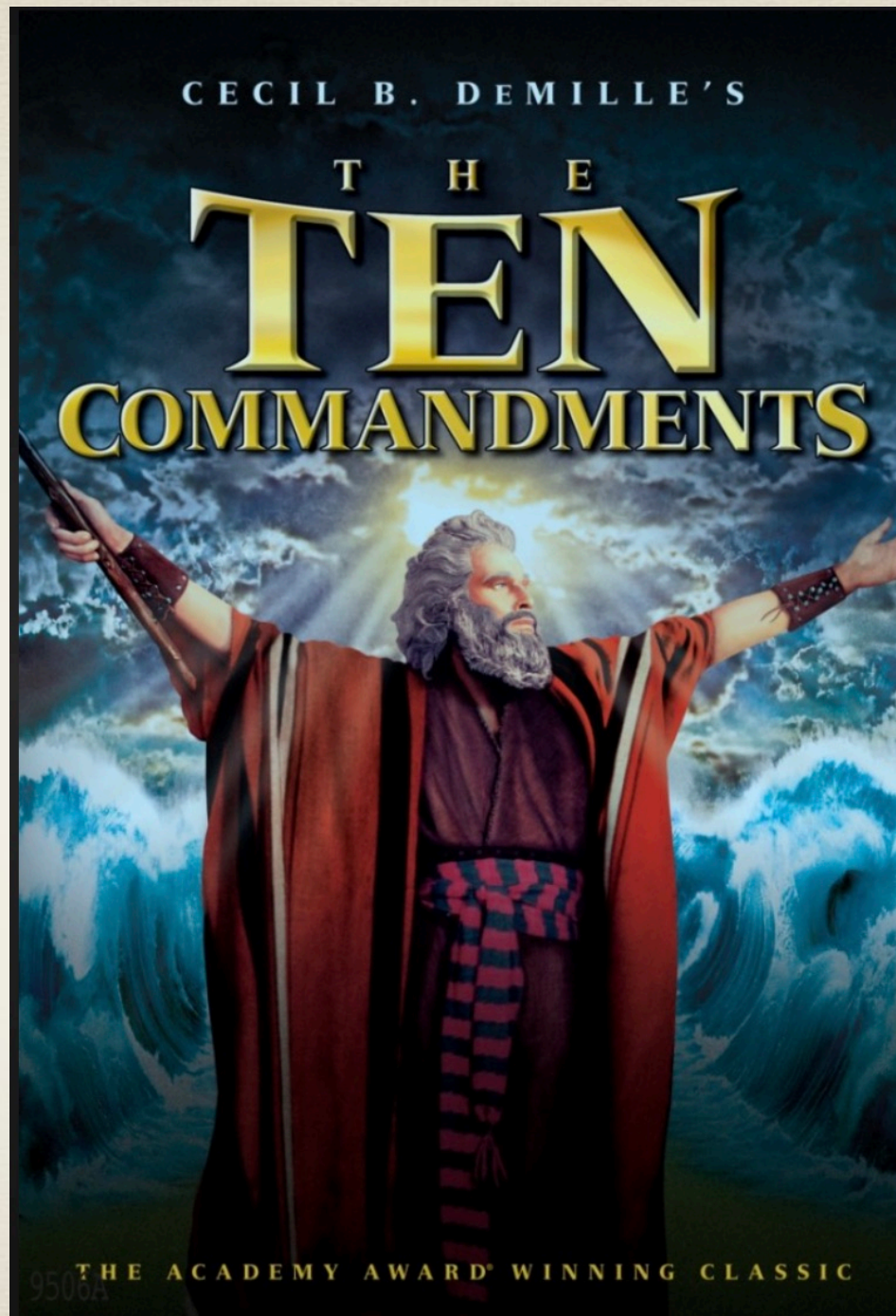


Religion has always served  
two important functions -

it creates meaning for the ego

healthy religion is aimed at the  
radical transform of and  
liberation from the ego





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In the evolving Hebrew story there came to be an emphasis on what is known as “the law” and “the prophets.”

Moses and Joshua represent “the law.”

Elijah and Elisha represent “the prophets.”



“God made both us and the stars out of the same material. There is, then, no difference between spirit and flesh. We are simply stardust on our way back to the source of life.”

- Joan Chittister

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“If we really see each other as brothers and sisters, there would be no basis for division, cheating and exploiting among us. Therefore it is important to promote the idea of the oneness of humanity, that in being human, we are all the same.”

- The Dalai Lama

“Safe and secure from all alarms.”

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Often there is a real struggle  
between what we “know to be  
true” and what we “want to be  
true.”



“Investigate yourself. Question everything. Take nothing for granted. Don’t believe anything because it sounds wise and pious and some holy person said it. See for yourself.”

To convince you, to assure you, to seduce you into the faith that there is always something more.

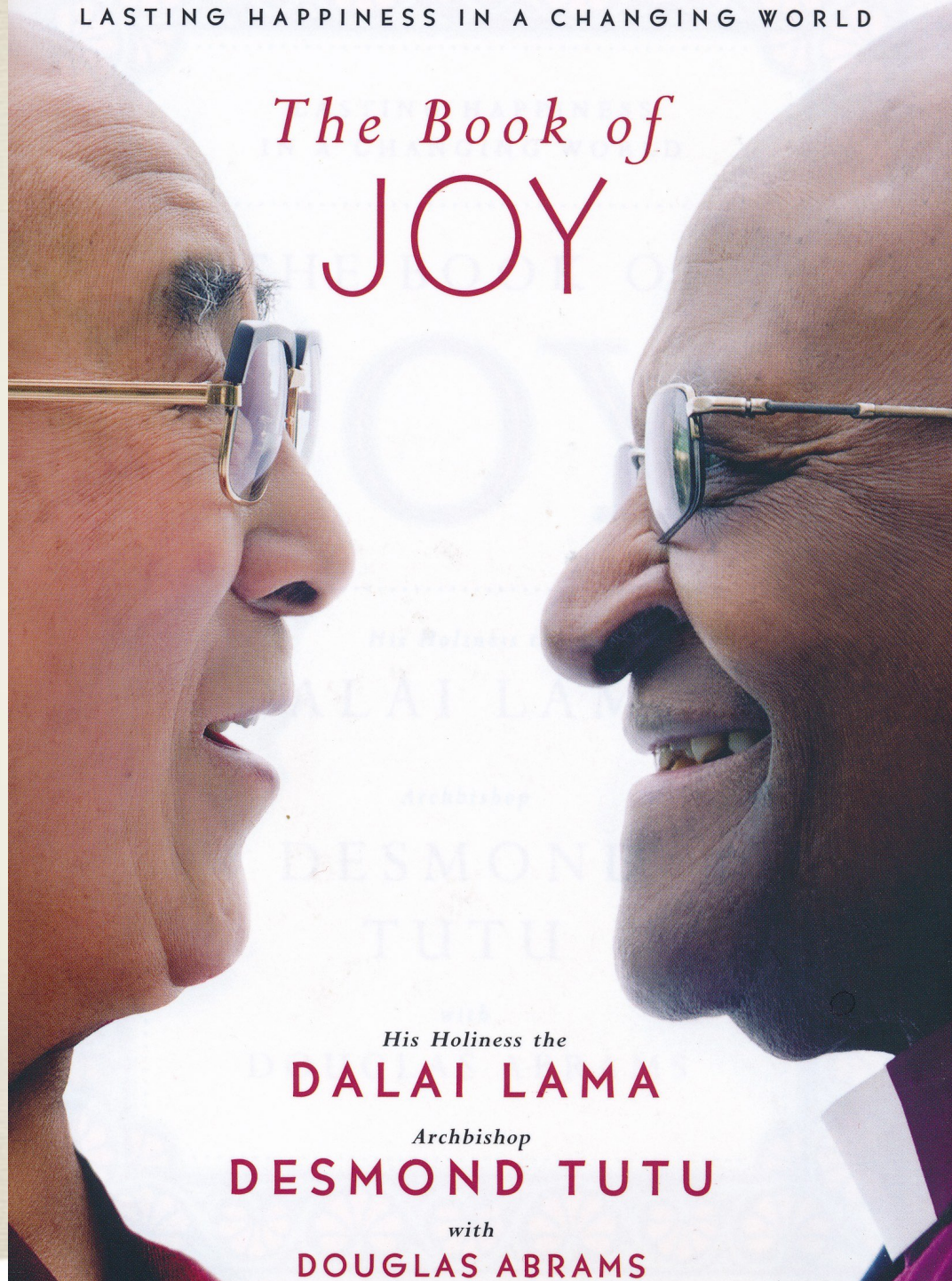
To convince you, to assure you, to seduce you into knowing that something more is you.



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**DALAI LAMA**  
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*with*  
**DOUGLAS ABRAMS**

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We are called to be “that something more.”

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