

## WISDOM TEACHINGS FOR ORDINARY LIFE

*Ordinary* LIFE



# SILENCE

*Sacred Mystery*

*Right Here*

*Right Now*



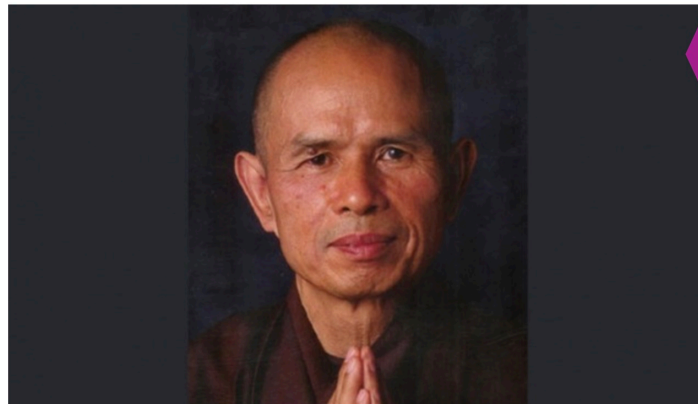
*No matter who you are, no  
matter where you are in  
your spiritual journey, you  
are welcome here.*



My hopes and desires for Ordinary Life are modest.  
I want us to transform the world.

That we be involved in the ongoing process of growing in  
peace, love, joy, patience, and humility.  
And, that we bring these qualities into our personal lives  
and living.





### Rest in Peace Thich Nhat Hanh

Visit our profile to read quotes, do practices, see book reviews and video clips

### Fairy Tales: The Hidden Magic of Life

New E-Course from Thomas Moore - Feb. 2 - 28

### New Short & Sweet Spirituality Blog

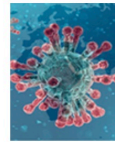
The Mystery of Life

### Encanto - Disney animated film now streaming

An exuberant celebration of community and the myriad ways we can co-create home.

SPIRITUAL LITERACY CERTIFICATE PROGRAMS

### Immersive Programs in Transformative Practices



### Spiritual Resources for the COVID-19 Pandemic



### Off the Page with Kaira Jewel Lingo

Watch the interview



### January Sale

All Practicing Spirituality E-Courses at discounted prices.



### Practicing Spirituality in Winter

A month's worth of practices.



### Illuminating Hope Virtual Gala

Purchase access to the video



# **TWO THINGS ALL RELIGIONS HAVE IN COMMON -**

**What they consider their "sacred writings"**

**The traditions and practices they use regarding these writings**



*Buddhism - "The Pali Cannon"*

*Hinduism - "The Vedas."*

*Judaism - "The Torah"*

*Islam - "The Koran."*

*Christianity - "The New Testament."*

*For those who seek to know and follow the teachings of Jesus the accepted writings are five.*

*They are, in order of their composition,*

*The Gospel of Thomas,*

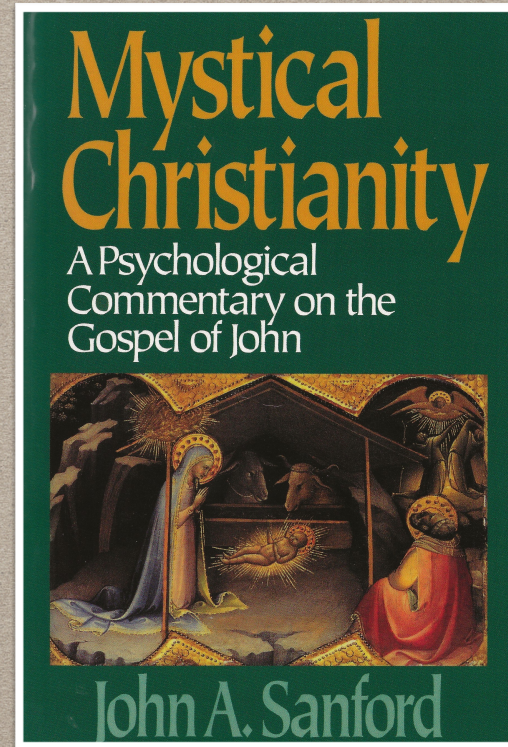
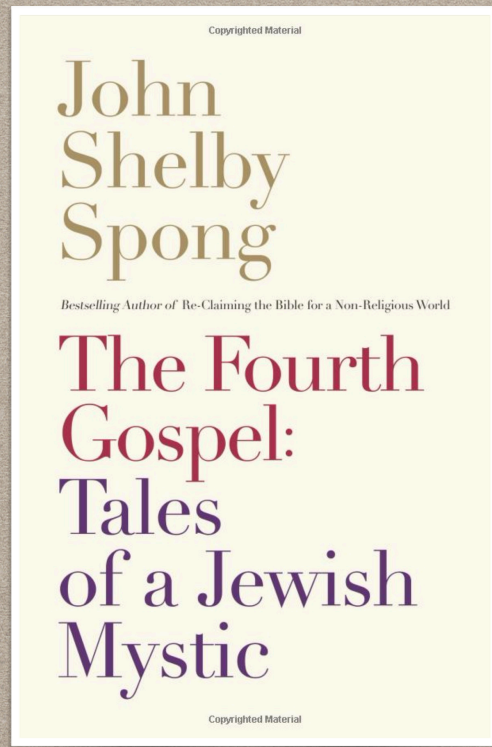
*The Gospel of Mark,*

*The Gospel of Matthew,*

*The Gospel of Luke,*

*and the Gospel of John.*





## *Two Resources for Consideration*



# ACTIVE IMAGINATION

A JUNGIAN  
PROCESS THAT  
BRIDGES THE  
CONSCIOUS  
AND  
UNCONSCIOUS  
MIND

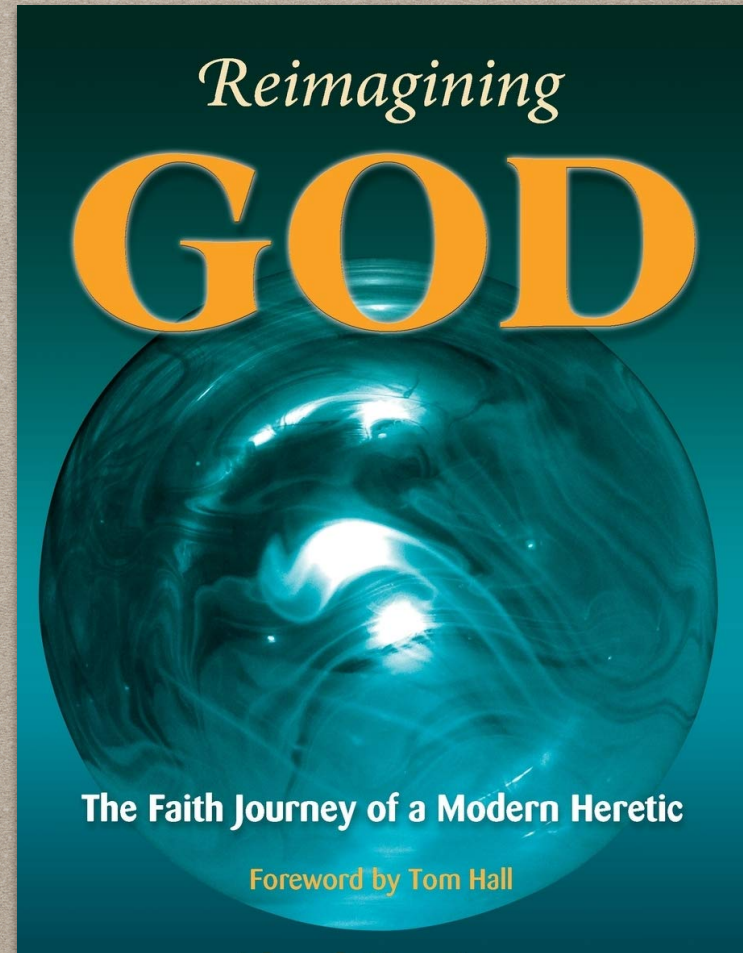




# LLOYD GEERING

"Language is the medium in which we live and move and have our being. In it we act, we structure the world, and order every aspect of our social life. Only Language stands between us and the Void. It shapes everything."

*Ordinary* LIFE









**"A beggar had been sitting by the side of a road for over thirty years. One day a stranger walked by. "Spare some change?" mumbled the beggar, mechanically holding out his old baseball cap. "I have nothing to give you," said the stranger. Then he asked: "What's that you are sitting on?"**



**"Nothing," replied the beggar. "Just an old box. I have been sitting on it for as long as I can remember." "Ever looked inside?" asked the stranger. "No," said the beggar. "What's the point? There's nothing in there." "Have a look inside," insisted the stranger.**

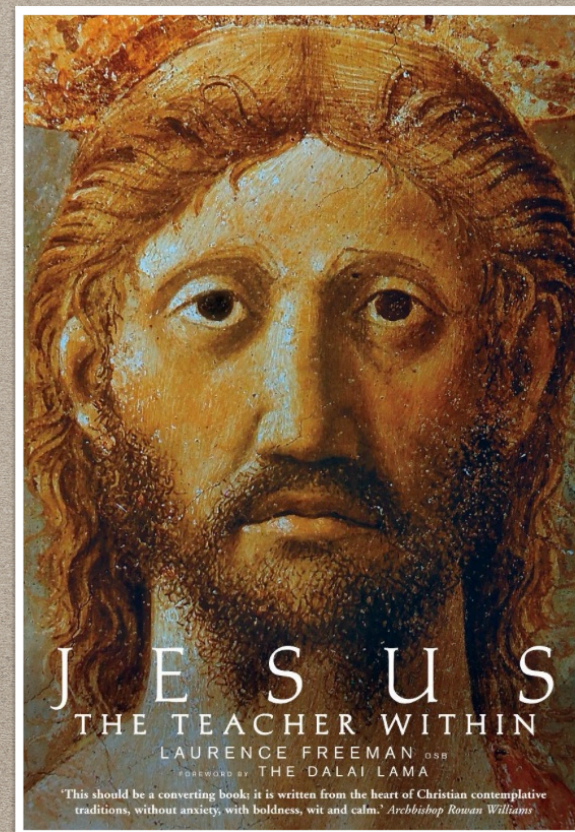


**"The beggar managed to pry open the lid. With astonishment, disbelief, and elation, he saw that the box was filled with gold. I am that stranger who has nothing to give you and who is telling you to look inside. Not inside any box, as in the parable, but somewhere even closer: inside yourself."**





*Fr. Lawrence Freeman  
1951 - present*





In order to enter into the idea of God,  
to enter into Jesus' experience of God,  
the main idea that we have to shed is  
that of a punitive God.

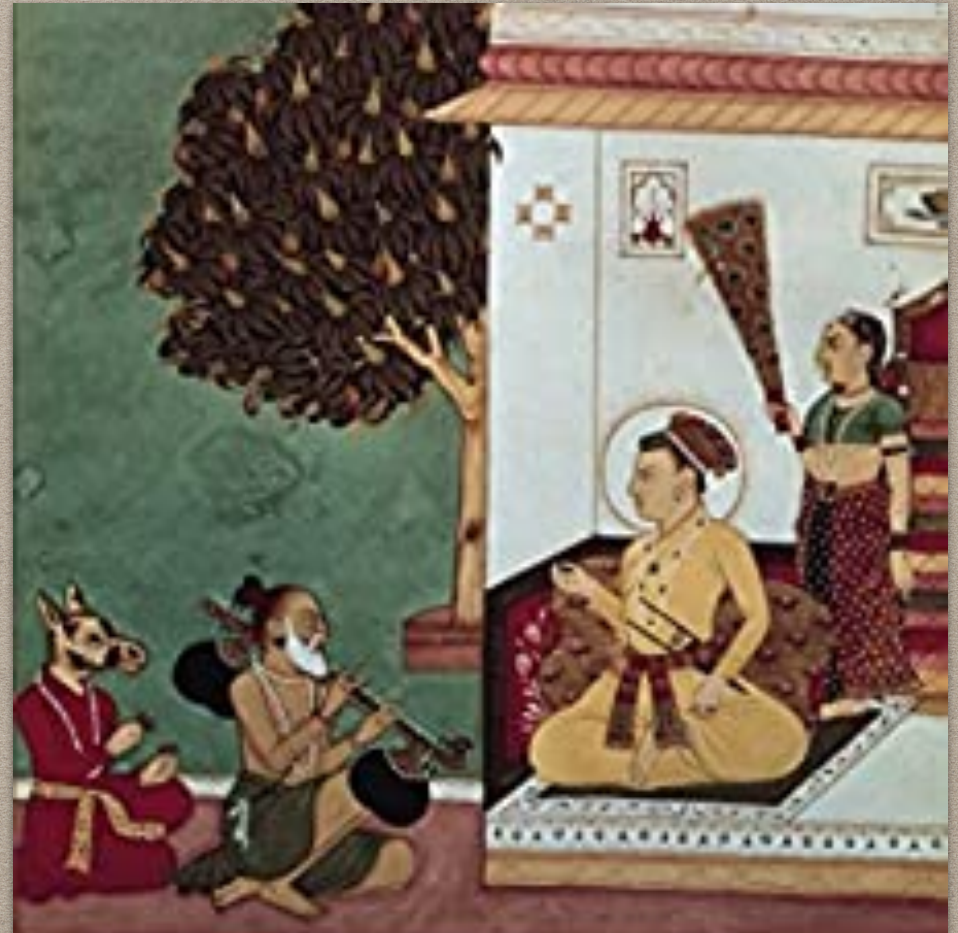


“The things we say we believe about God - that God is loving, just, and good - actually lay a tremendous responsibility at our feet.”



# UPANISHAD'S

"THE ALL-  
EMBRACING IS MY  
SELF IN THE INNER  
HEART."





# BUDDHISM

"BOUNDLESS  
INCLUSION IN THE  
HEART OF ALL  
THAT HAS  
BECOME."





# CHRISTIANITY

"I AND  
THE FATHER  
ARE ONE"



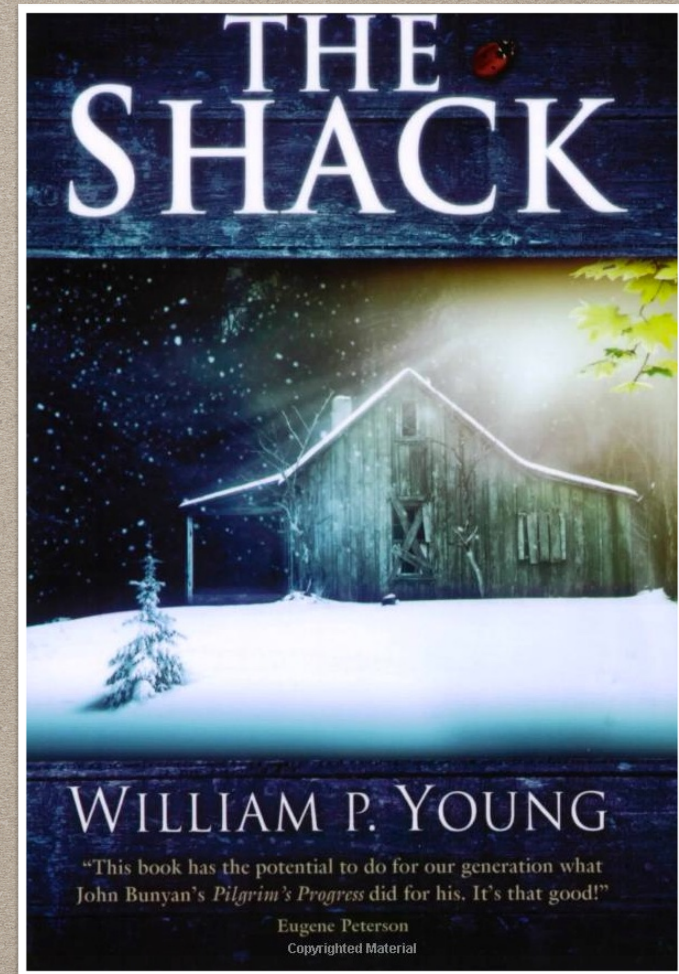


“In truth there is no God-seeking because there is nothing where one could not find him. how foolish and hopeless must one be to leave one’s way of life to seek God.”

~ *Martin Buber*



What if instead of thinking  
of God as "He who is" we  
thought of "She who is"?  
Or, perhaps, "She who is  
black"?





"Letting Go of God"  
"Reimagining Our Sacred Story:  
A Place to Come From."



The gospel of John is not about religion. It is not about sin and salvation. It is about expanded life and living through expanded consciousness.



Three main things to keep in mind for a proper understanding of John:  
first, it cannot be taken literally;  
second, it must be seen as a Jewish writing;  
and, third, it is mystical from beginning to end.



*A Community where belonging isn't based on status, achievement, or gender but, rather, on the deep belief that everyone is welcome, every one matters, everyone is loved - no exceptions.*

*This community is for scarred and scared people, for people who want to belong but aren't sure what or how to believe.*



John opens a door into the world of mysticism where we are invited to re-examine what we mean by faith, how we understand God, what it means and how to enter a new realm of consciousness and relate to the sacred, the need to cross boundaries and break down barriers both within and without. Then we are given a model in this passage for us to say how we respond to this, how you respond.



NO MATTER WHERE YOU GO  
THIS WEEK, NO MATTER WHAT  
HAPPENS, REMEMBER THIS:  
YOU CARRY PRECIOUS CARGO.  
SO, WATCH YOUR STEP.