

*Ordinary Life*

THANK YOU FOR  
CHOOSING ORDINARY  
LIFE

*Ordinary Life*

Be  
Here  
Now

*Ordinary Life*

There is One God

Pray

Do Acts of Charity

Fast

Pilgrimage

Love God with all that you are.

Love your neighbor as yourself.

love one another, love your  
enemy, forgive, include  
everyone, follow me

*Ordinary Life*

# GOD

IS DISAPPOINTED  
IN YOU



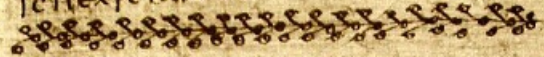
Written by Mark Russell  
Cartoons by Shannon Wheeler

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Being “*Christian*” for most people has something to do with being *doctrinally correct* - about something.

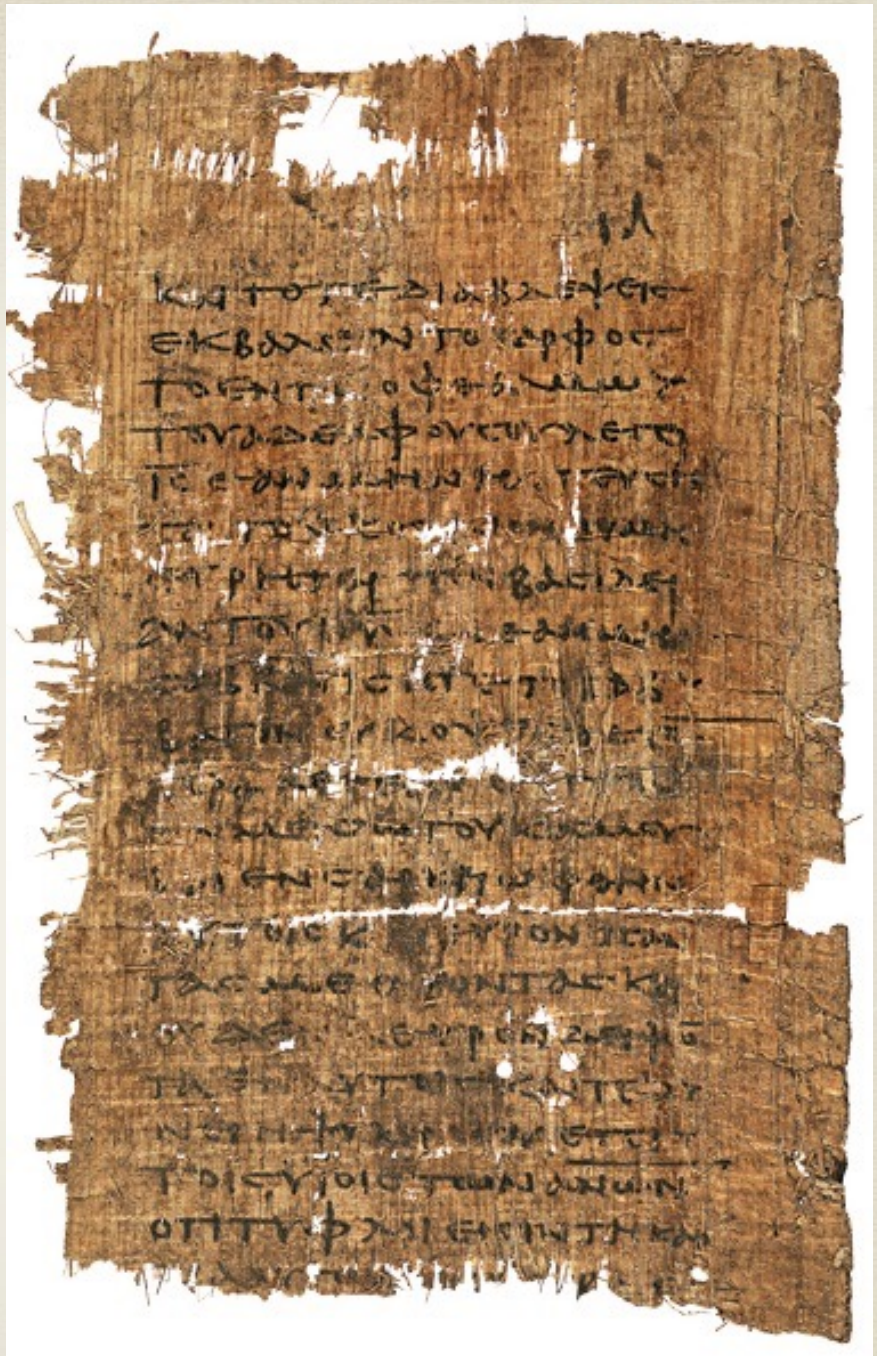


ΝΤΕΙΜΕΝΕ ΛΥΩΝ ΛΥΤΑΛΥΝΑ  
ΣΝΟΥΜΥΣΤΗΡΙΟΝ ΛΥΩ ΖΗΤΟΥΝ ΟΥ  
ΛΗΡΑΤΟΥΩΝ ΕΒΟΛΜΠΕΥ ΜΤΟ ΕΒΟΛ  
ΛΥΩ ΔΕΙΨΙΝΕΨΥΒΡΜ ΘΗΠΗΟ ΔΨΤ  
ΟΥΨ ΕΡΟΟΥ ΝΝ ΕΝΤΑΠΨ ΧΟΥ ΝΨ  
ΙΣΤΕ ΨΡ ΛΜΗΝ



ΚΑΤΑ ΙΩΑΝΝΗΝ  
Ν  
ΑΠΟΚΡΥΦΟΝ

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ΤΠΕ Ψ ΨΑΝ ΧΟΟΣ ΗΤΗ Χ ΕΨ ΖΗΘ  
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ΟΨ Ψ Ν Τ Η Ψ Ν Τ Ο Τ Ε Ψ Ν Δ ΟΨ Ψ



Ordinary Life

“Mysticism” means moving  
away from mere belief  
systems and belonging  
systems to an inner  
experience.



# Thich Nhat Hanh

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Happy and not frightened.

They live in a large world and invite others to join them.

They know and teach a tradition of perennial truth.

They are not attached to tribal dogma.

Doctrinal religion divides.

Mystical spirituality  
unites.

We live in a time of  
darkness, ignorance and  
illusion.

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the importance of  
attention as a spiritual  
force

Truth Is Better Than  
Fiction,

Learning To See In  
The Dark



Give attention to  
The Living Presence  
While you are alive  
So that when you die and have  
The desire to do so,  
You may have the power to  
attend.

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The Living Presence  
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*Energy flows where energy goes.*

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Learn to recognize what is present  
right in front of your face,  
and what is hidden from you  
will be disclosed to you.  
For there is nothing hidden  
that will not be revealed.

The chief feature of who  
we think we are is never  
here.

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Be present

*in* the present moment

NOT

*to* the present moment

I've either lost my mind  
or my faith.

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TRUTH IS BETTER  
THAN FICTION

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# Why does mysticism have such a hard time of it -

Organized religion has been content  
with people being religious but not  
spiritual.

A lack of belief in the spiritual world.

The emphasis on individualism.

Attending to “what is”  
gives us a light to see with  
that no one can put out.

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We cannot attain the  
Presence of God.

We are already in the  
Presence of God.